



THE
RESILIENCE
DOUGHNUT
UK®

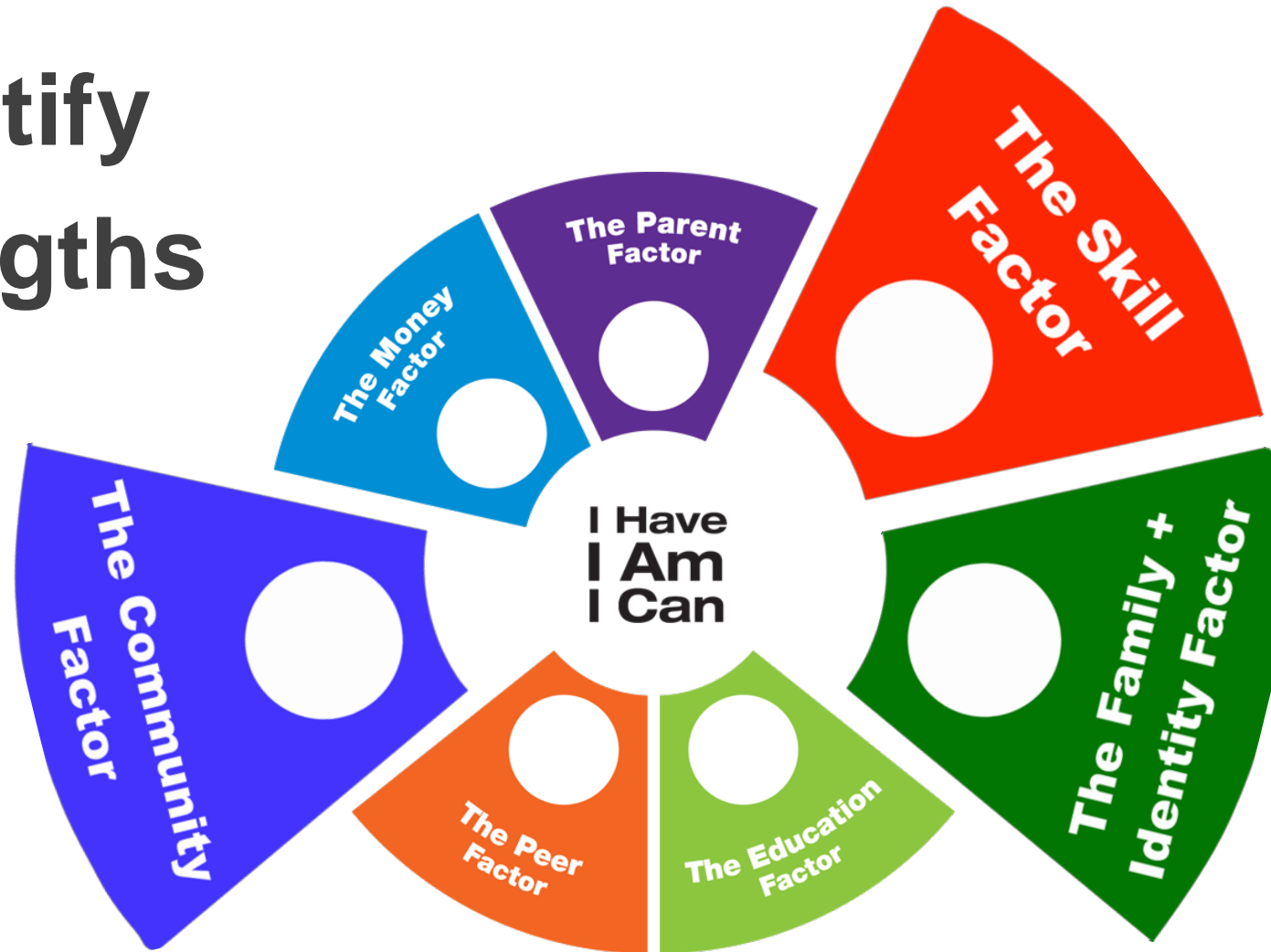
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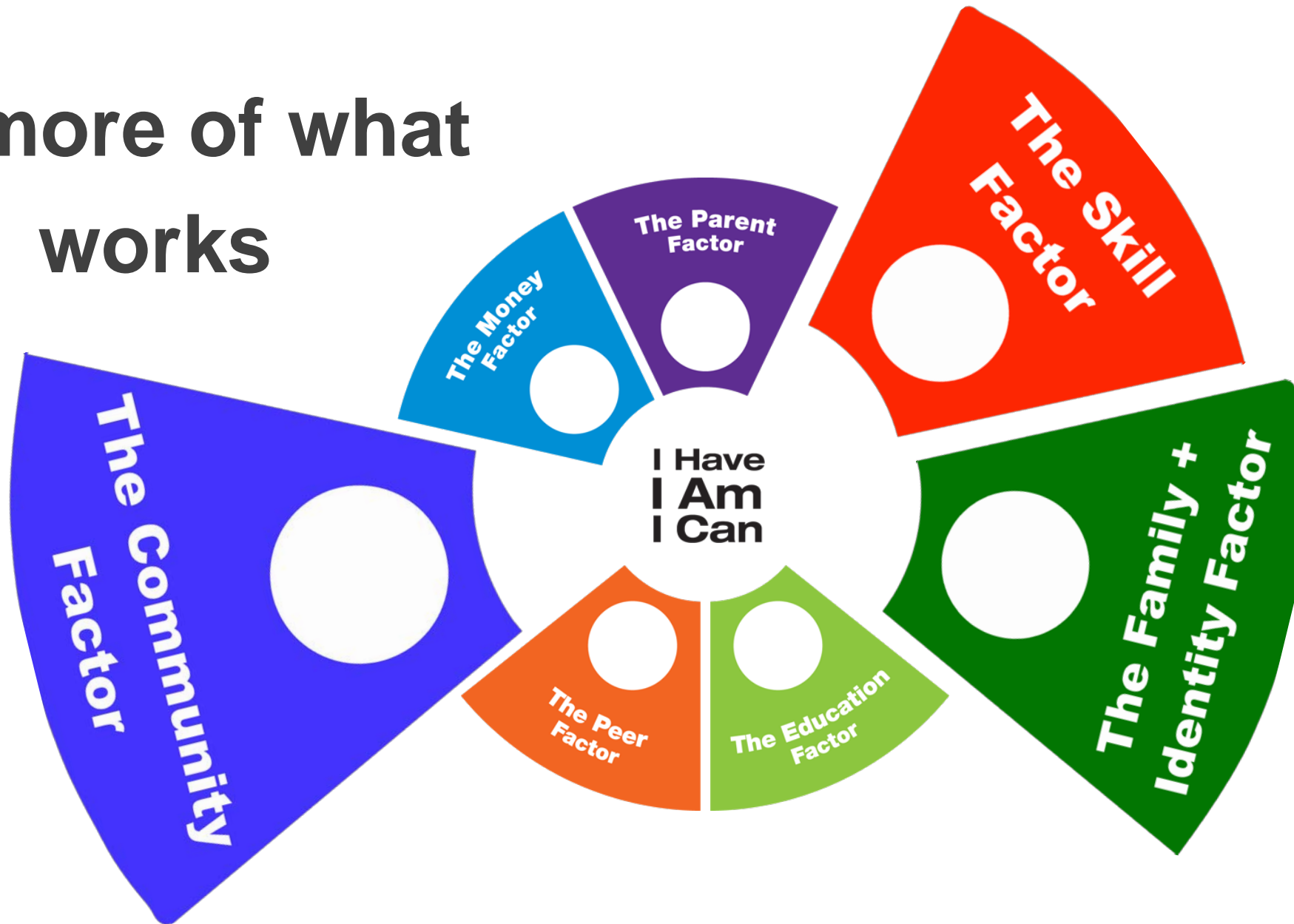




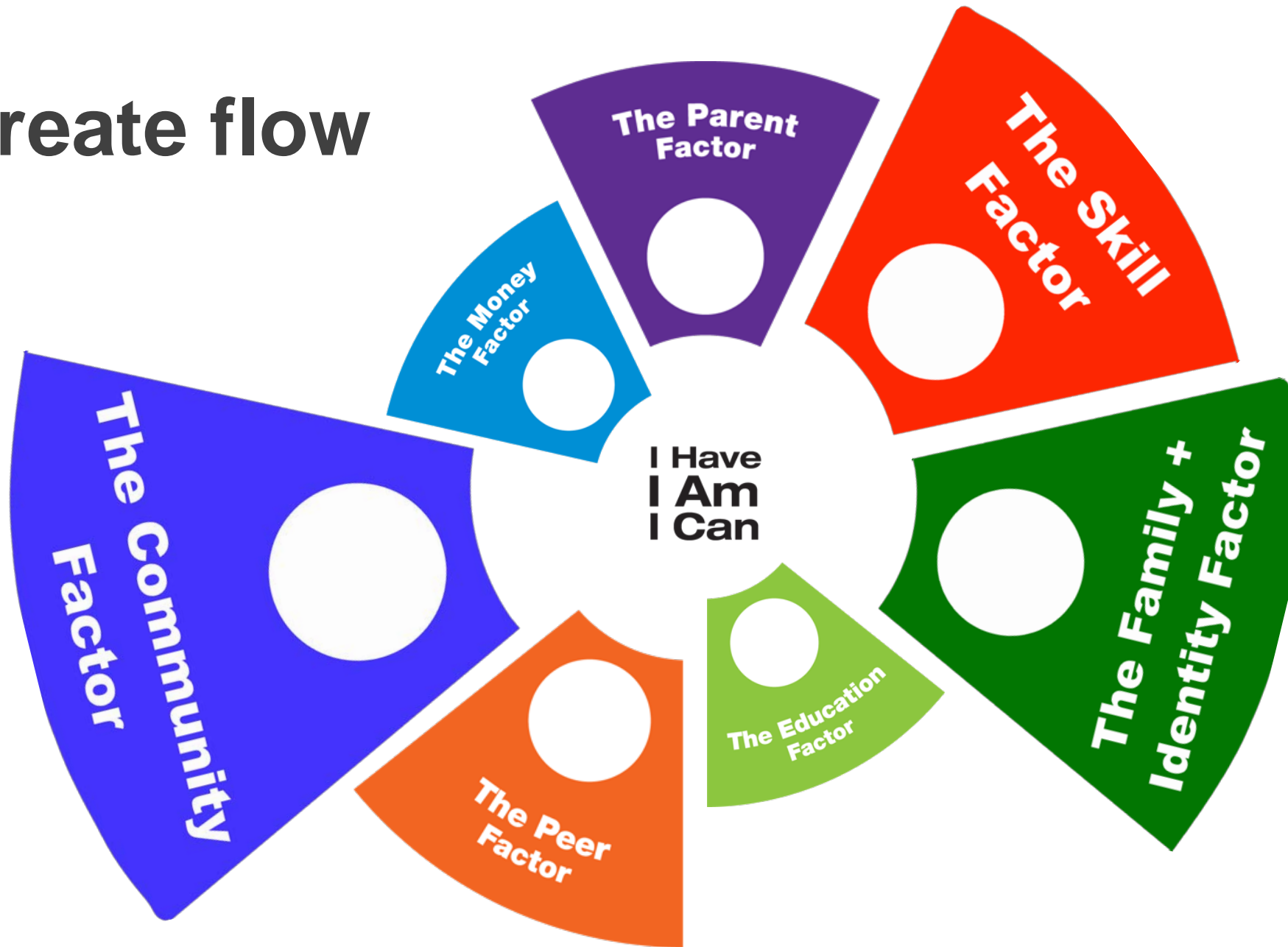
Identify Strengths



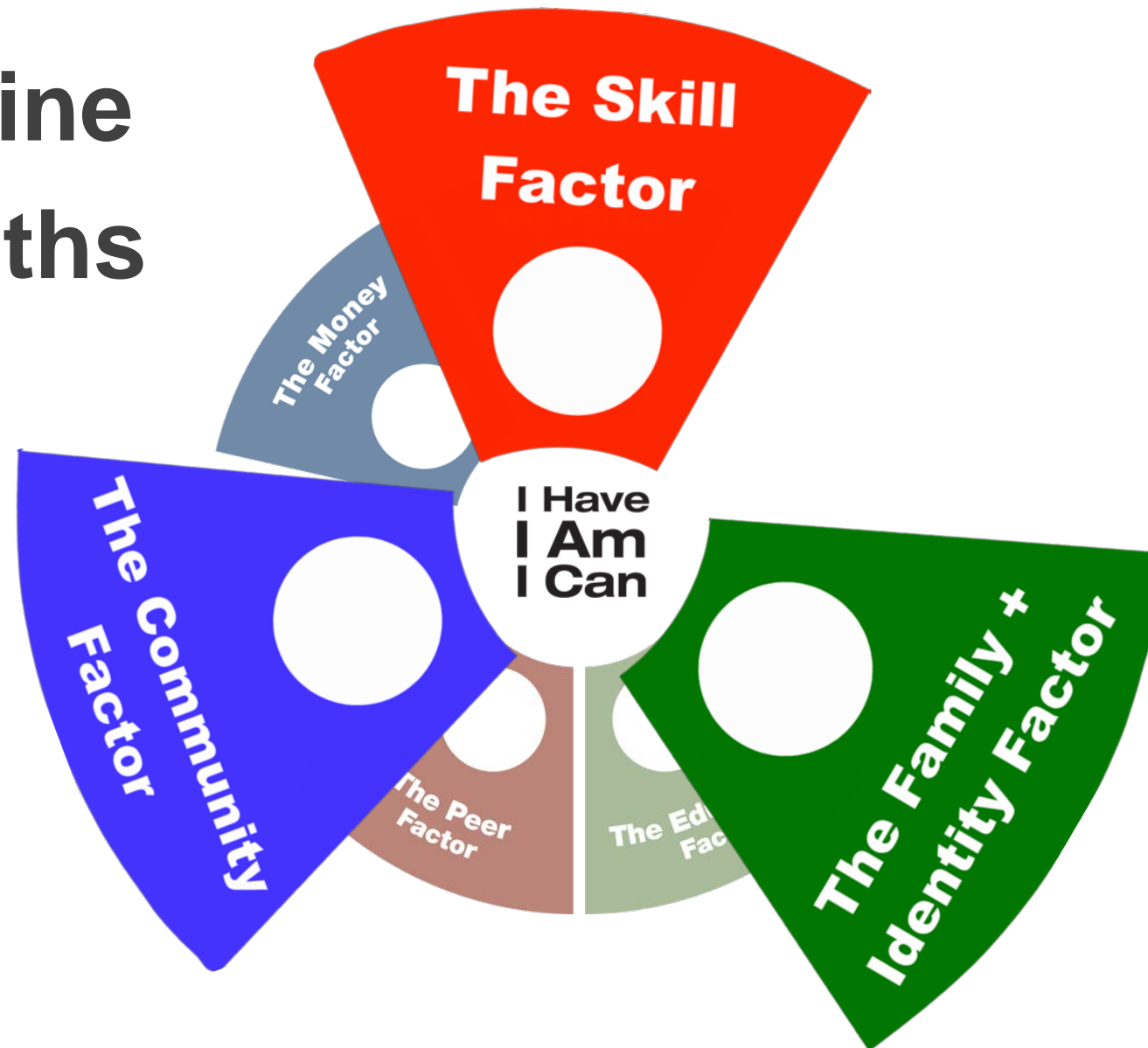
**Do more of what
works**



Create flow



**Combine
strengths**







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