



The Matthew Elvidge Trust

Emotional Wellbeing and Mental Health in Schools

**The opportunity from a
Whole School Approach**

Hamish Elvidge



• Emotional Wellbeing and Mental Health in Schools.....the opportunity?





• Emotional Wellbeing and Mental Health in Schools.....the opportunity?

Schools and Universities



STUDENTS AGAINST DEPRESSION

student
minds

Partnership for Wellbeing and Mental Health in Schools



• Emotional Wellbeing and Mental Health in Schools.....the opportunity?

Partnership for Wellbeing and Mental Health in Schools



“.....at the centre of the culture and ethos of our childrens' education.....”



• Emotional Wellbeing and Mental Health in Schools.....the opportunity?

Today

Context and Evidence

Current Situation

The Opportunity from a Whole School Approach

Next Steps and Questions



Emotional Wellbeing and Mental Health in Schools.....the opportunity?

Context and Evidence

Whole school, universal approach - research

National Policy



Ofsted



PHE and DoH



Public Health
England





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Context and Evidence

All children and staff





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The Current Situation

No mandate



Future in mind

Promoting, protecting and improving our children and young people's mental health and wellbeing





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The Opportunity

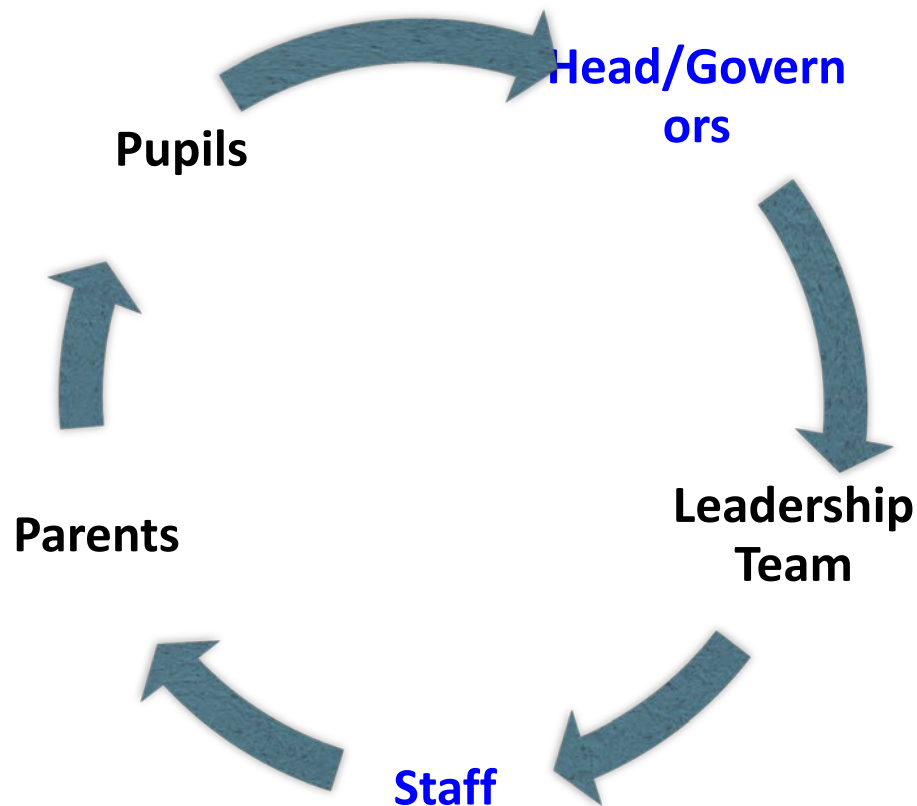
“..the development of character, resilience and good mental health is vital.....alongside academic success.....in equipping young people with the skills to fulfill their potential”

Nicky Morgan



Emotional Wellbeing and Mental Health in Schools.....the opportunity?

Whole School Approach – leadership role





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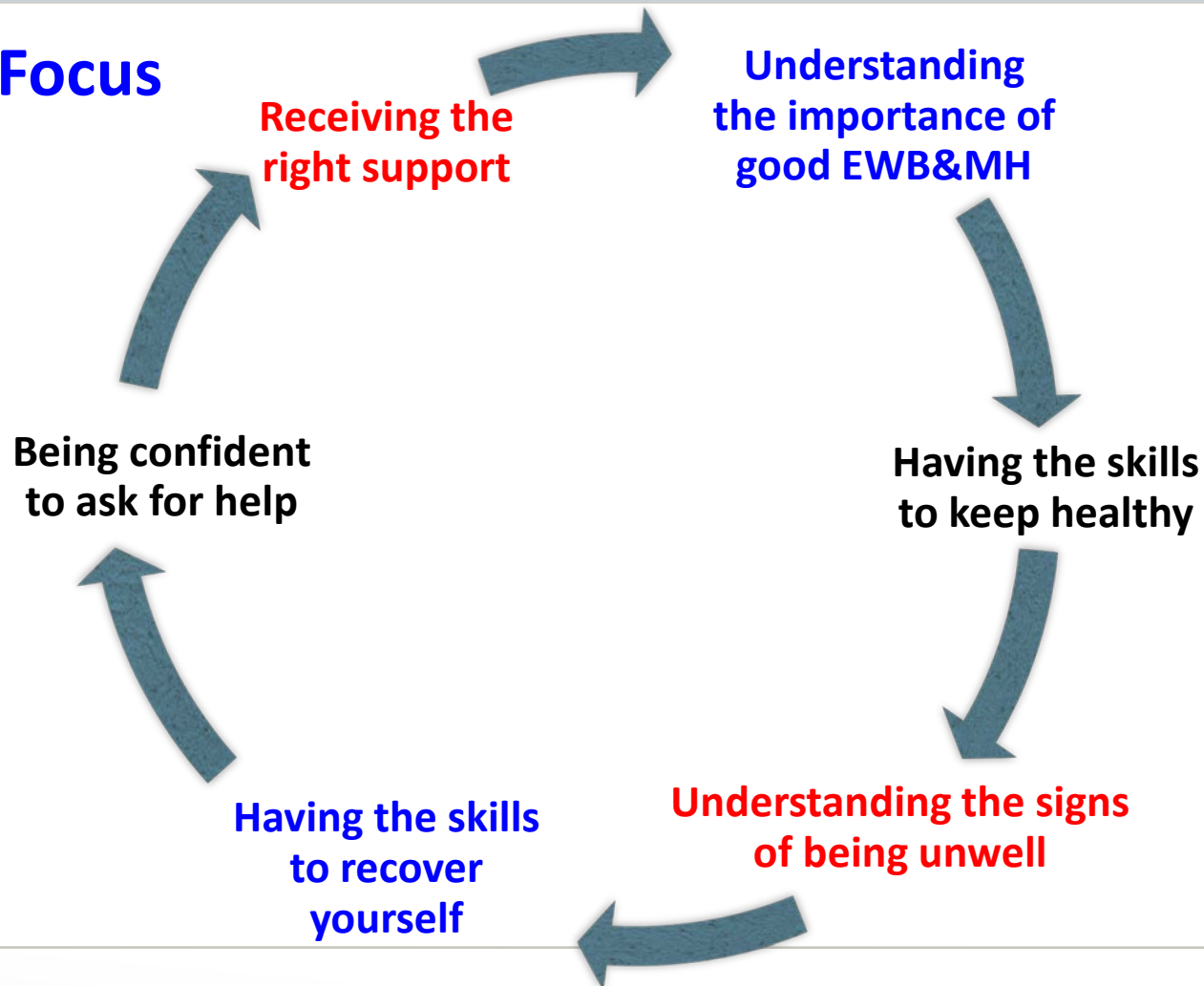
The Health Continuum





Emotional Wellbeing and Mental Health in Schools.....the opportunity?

Pupil Focus





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**Creating emotionally healthy
and resilient children**





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Next Steps

Teacher Training

Inspection

Curriculum

Wellbeing

National Bodies and School groupings

Collaboration





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**“We can no longer take the risk...
and live with the consequences.....
of actively withholding this
opportunity from all our
children.”**



• Emotional Wellbeing and Mental Health in Schools.....the opportunity?

**Thank you and
Questions**

